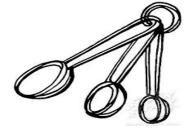


Do your family members beg you to make "your" kugel?

Do neighbors cheer when you make them cookies?

Do you have a terrific recipe that you'd like to share and spread the joy?





Now's your chance.

The Kol Emeth Sisterhood wants to begin

Family Traditions cooking demonstrations, but we need recipes and celebrity chefs.

If you have a delicious Kosher recipe that can be created in our kitchen, and you're willing to share it with an enthusiastic audience, please contact Jennifer Blitz at jblitz@dunnweb.us or leave a message in the Shul office at 847-673-3370.

Help us fill the Shul with comforting smells of foods from your family.